



# Compline

**A service of quiet and reflection**

*Compline is an ancient service, used for many centuries to help people end the day well. The word 'Compline' is based on a Latin word meaning completion.*

*You are very welcome*

Be still and know that I am God

Psalm 46:10

I am persuaded, that neither death, nor life, nor angels, nor principalities, nor powers, nor things present, nor things to come, nor height, nor depth, nor any other creature, shall be able to separate us from the love of God, which is in Christ Jesus our Lord.

Romans 8:38,39

The Lord Almighty grant us a quiet night and a perfect end.  
**Amen.**

Be sober, be vigilant; because your adversary the devil,  
as a roaring lion, walketh about, seeking whom he may devour:  
whom resist, steadfast in the faith.

But thou, O Lord, have mercy upon us.  
**Thanks be to God.**

Our help is in the name of the Lord  
**who hath made heaven and earth.**

**We confess to God almighty,  
the Father, the Son and the Holy Ghost,  
that we have sinned in thought, word and deed,  
through our own grievous fault.  
Wherefore we pray God to have mercy upon us.**

**Almighty God, have mercy upon us,  
forgive us all our sins and deliver us from all evil,  
confirm and strengthen us in all goodness,  
and bring us to life everlasting;  
through Jesus Christ our Lord. Amen.**

May the almighty and merciful Lord  
grant unto you pardon and remission of all your sins,  
and the grace and comfort of the Holy Spirit. Amen

O God, make speed to save us.  
O Lord, make haste to help us.

Glory be to the Father, and to the Son, and to the Holy Ghost;  
as it was in the beginning, is now, and ever shall be,  
world without end. Amen.

Praise ye the Lord.  
The Lord's name be praised.

Before the ending of the day,  
Creator of the world we pray,  
That with thy wonted favour thou  
Wouldst be our guard and keeper now.

From all ill dreams defend our eyes,  
From nightly fears and fantasies;  
Tread underfoot our ghostly foe,  
That no pollution we may know.

O Father, that we ask be done,  
Through Jesus Christ, thine only Son;  
Who, with the Holy Ghost and thee,  
Doth live and reign eternally

*We say one of the following Psalms*

*Psalm 4*

- 1 Hear me when I call, O God of my righteousness : thou hast set me at liberty when I was in trouble; have mercy upon me, and hearken unto my prayer
- 2 **O ye sons of men, how long will ye blaspheme mine honour : and have such pleasure in vanity, and seek after leasing?**
- 3 Know this also, that the Lord hath chosen to himself the man that is godly : when I call upon the Lord, he will hear me.
- 4 **Stand in awe, and sin not : commune with your own heart, and in your chamber, and be still.**
- 5 Offer the sacrifice of righteousness : and put your trust in the Lord.
- 6 **There be many that say : Who will shew us any good?**
- 7 Lord, lift thou up : the light of thy countenance upon us.
- 8 **Thou hast put gladness in my heart : since the time that their corn, and wine, and oil, increased.**
- 9 I will lay me down in peace, and take my rest : for it is thou, Lord, only, that makest me dwell in safety.

**Glory be to the Father, and to the Son : and to the Holy Ghost; as it was in the beginning, is now, and ever shall be : world without end. Amen.**

*Psalm 31:1-6*

- 1 In thee, O Lord, have I put my trust : let me never be put to confusion, deliver me in thy righteousness.
- 2 Bow down thine ear to me : make haste to deliver me.**
- 3 And be thou my strong rock, and house of defence : that thou mayest save me.
- 4 For thou art my strong rock, and my castle : be thou also my guide, and lead me for thy name's sake.**
- 5 Draw me out of the net, that they have laid privily for me : for thou art my strength.
- 6 Into thy hands I commend my spirit : for thou hast redeemed me, O Lord, thou God of truth.**

**Glory be to the Father, and to the Son : and to the Holy Ghost; as it was in the beginning, is now, and ever shall be : world without end. Amen.**

*Psalm 91*

- 1 Whoso dwelleth under the defence of the Most High : shall abide under the shadow of the Almighty.
- 2 I will say unto the Lord, Thou art my hope, and my stronghold : my God, in him will I trust.**
- 3 For he shall deliver thee from the snare of the hunter : and from the noisome pestilence.
- 4 He shall defend thee under his wings, and thou shalt be safe under his feathers : his faithfulness and truth shall be thy shield and buckler.**
- 5 Thou shalt not be afraid for any terror by night : nor for the arrow that flieth by day;
- 6 For the pestilence that walketh in darkness : nor for the sickness that destroyeth in the noonday.**
- 7 A thousand shall fall beside thee, and ten thousand at thy right hand : but it shall not come nigh thee.
- 8 Yea, with thine eyes shalt thou behold : and see the reward of the ungodly.**
- 9 For thou, Lord, art my hope : thou hast set thine house of defence very high.
- 10 There shall no evil happen unto thee : neither shall any plague come nigh thy dwelling.**
- 11 For he shall give his angels charge over thee : to keep thee in all thy ways.
- 12 They shall bear thee in their hands : that thou hurt not thy foot against a stone.**

- 13 Thou shalt go upon the lion and adder : the young lion and the dragon shalt thou tread under thy feet.
- 14 Because he hath set his love upon me, therefore will I deliver him : I will set him up, because he hath known my name.**
- 15 He shall call upon me, and I will hear him : yea, I am with him in trouble; I will deliver him, and bring him to honour.
- 16 With long life will I satisfy him : and shew him my salvation.**

**Glory be to the Father, and to the Son : and to the Holy Ghost; as it was in the beginning, is now, and ever shall be : world without end. Amen.**

Jesus said : Come unto me, all ye that labour and are heavy laden, and I will give you rest. Take my yoke upon you, and learn of me; for I am meek and lowly in heart; and ye shall find rest unto your souls. For my yoke is easy, and my burden is light.



*A reading from the Bible, followed by a brief reflection*

Into thy hands, O Lord, I commend my spirit.  
**Into thy hands, O Lord, I commend my spirit.**

For thou hast redeemed me, O Lord, thou God of truth.  
**Into thy hands, O Lord, I commend my spirit.**

Glory be to the Father, and to the Son, and to the Holy Ghost.  
**Into thy hands, O Lord, I commend my spirit.**

Keep me as the apple of Thine eye  
**Hide me under the shadow of Thy wings**

**Preserve us, O Lord, while waking,  
and guard us while sleeping,  
that awake we may watch with Christ,  
and asleep we may rest in peace.**

Lord, now lettest thou thy servant depart in peace  
according to thy word. For mine eyes have seen thy salvation;  
Which thou hast prepared : before the face of all people  
To be a light to lighten the Gentiles : and to be the glory of thy  
people Israel.

**Glory be to the Father, and to the Son : and to the Holy Ghost;  
as it was in the beginning, is now, and ever shall be : world  
without end. Amen.**

Preserve us, O Lord, while waking,  
and guard us while sleeping,  
that awake we may watch with Christ,  
and asleep we may rest in peace.

Lord, have mercy upon us.  
**Christ, have mercy upon us.**  
Lord, have mercy upon us.

**Our Father, which art in heaven,  
hallowed be thy name;  
thy kingdom come; thy will be done,  
in earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive them that trespass against us.  
And lead us not into temptation;  
but deliver us from evil. Amen.**

Visit, we beseech thee, O Lord, this place,  
and drive from it all the snares of the enemy;  
let thy holy angels dwell herein to preserve us in peace;  
and may thy blessing be upon us evermore;  
through Jesus Christ our Lord. **Amen.**

Lighten our darkness, we beseech thee, O Lord; and by thy  
great mercy defend us from all perils and dangers of this night;  
for the love of thy only Son, our Saviour, Jesus Christ. **Amen.**

Be present, O merciful God, and protect us through the silent hours of this night, so that we who are wearied by the changes and chances of this fleeting world, may repose upon thy eternal changelessness; through Jesus Christ our Lord. **Amen.**

We will lay us down in peace and take our rest.  
**For it is thou, Lord, only that makest us dwell in safety.**

Abide with us, O Lord.  
**For it is toward evening and the day is far spent.**

As the watchmen look for the morning,  
**So do we look for thee, O Christ.**

The Lord be with you  
**And with thy spirit.**

Let us bless the Lord.  
**Thanks be to God.**

The almighty and merciful Lord, the Father, the Son and the Holy Ghost, bless us and preserve us. **Amen.**



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