

News, quotes and thoughts, 9th March onwards, please take home



Prayer for the week, the Lenten Collect

Almighty and everlasting God, who hatest nothing that thou hast made, and dost forgive the sins of all them that are penitent: Create and make in us new and contrite hearts, that we worthily lamenting our sins, and acknowledging our wretchedness, may obtain of thee, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord. Amen.

Bible verse for the week Hebrews 4:15

For we do not have a high priest who is unable to empathize with our weaknesses, but we have one who has been tempted in every way, just as we are – yet he did not sin.

Quotes for the week

Temptation is like a knife, that may either cut the meat or the throat of a man; it may be his food or his poison, his exercise or his destruction
John Owen

Virtue is nothing without the trial of temptation, for there is no conflict without an enemy, no victory without strife. Pope Leo I

A silly idea is current that good people do not know what temptation means. This is an obvious lie. Only those who try to resist temptation know how strong it is... A man who gives in to temptation after five minutes simply does not know what it would have been like an hour later. That is why bad people, in one sense, know very little about badness. They have lived a sheltered life by always giving in. C. S. Lewis

Hymn for the week

[Forty Days and Forty Nights \(Tune: Heinlein aka Aus Der Tiefe - 5vv\) \[with lyrics for congregations\]](#)

We will be having a Lent discussion group at 6pm on Wednesdays, led by Clinton, our ordinand on placement – details to follow

If you would like an electronic version of this, please email Anthony on vicar@smng.org.uk If you would like to visit our You Tube Channel please visit [Welcome to St Michael's \(youtube.com\)](https://www.youtube.com/watch?v=...)

Sunday 9th March

8:00-8:30am Holy Communion

10:30 - 11:30am Holy Communion for the first Sunday in Lent in person and streamed on https://youtube.com/live/18ZtMa_7Pus

3:00-3:30pm Evening Prayer in person and streamed on <https://youtube.com/live/XtzJty3WEss>

Monday

9:00-9:15am Morning Prayer

1:00-1:40pm Music on Monday

5:15-6:30pm Cakes, Coffee & Catechism

Tuesday

9:00- 9:15am Morning Prayer

12:30-1:30pm Bible Study in Tower Room

5:30- 5:50 pm Evensong

Wednesday

9:00- 9:15am Morning Prayer

1:00-1:30pm Holy Communion

5:30-5:45pm Compline in person and streamed on <https://youtube.com/live/zhMa7a-VuP4>

6:00 -6:45pm Lenten reflection on Anglican Spirituality

Thursday

9:00- 9:15am Morning Prayer

5:30-5:50pm Evensong

Friday

9:00- 9:15am Morning Prayer

1pm Holy Communion

Sunday 16th March

8:00-8:30am Holy Communion

10:30 - 11:30am Sung Matins for in person and streamed on <https://youtube.com/live/n6tQSwUjZnU>

3:00-3:30pm Holy Communion in person and streamed on <https://youtube.com/live/qVL5rXEn6fU>